

## **Cultural Humility, Diversity, Equity, Inclusion, Anti-Racism**

### **BOOKS**

*Linking to Amazon for clarity—these are likely available from your local independent bookstore and library.*

[Erasing Institutional Bias](#)

[So You Want to Talk About Race](#)

[White Fragility](#) (suggested also non-white staff read to examine general fragility talking about race)

[Medical Apartheid](#)

[How to Be an Antiracist – Ibram X. Kendi](#)

[STAMPED: Racism, Antiracism, and You- Ibram X. Kendi and Jason Reynolds](#)

### **TOOLS**

[Race Equity and Inclusion Action Guide](#) (Annie E. Casey Foundation)

[A Roadmap to Reduce Racial and Ethnic Disparities in Health Care](#) (Robert Wood Johnson Foundation)

[Implicit bias test](#) (Harvard)

[Johari Window](#)—a way to think about our blind spots

[Equity Toolkit for Patient Experience Departments](#) (from Differences Matter committee, excellent for looking at how to present data)

### **ARTICLES**

[White Privilege: Unpacking the Invisible Knapsack](#)

[What are health disparities and health equity? We need to be clear.](#)

[Why People of Color Need Spaces Without White People](#)

[Paying Attention to White Culture and Privilege: A Missing Link to Advancing Racial Equity](#)

[The Sugar Coated Language of White Fragility](#)

[How White Women Use Strategic Tears to Avoid Accountability](#)

[Bias, Racism and Harassment in Our Workplace](#)

[The 1619 Project](#)

### **VIDEOS**

[Cultural Humility](#)

[Getting Called Out- How to apologize](#) | Chescaleigh

[The Power of Vulnerability](#) | Brene Brown

[Empathy](#) | Brene Brown

[The difference between being "not racist" and antiracist](#) | Ibram X. Kendi

[A Conversation on Race and Privilege](#) | Angela Davis and Jane Elliott

[How to Deconstruct Racism, One Headline at a Time](#) | Baratunde Thurston