Alameda County Drug Medi-Cal Organized Delivery System (DMC-ODS)
What is the Drug Medi-Cal Organized Delivery System (DMC-ODS) Waiver?

• A federal/state demonstration project to improve SUD outcomes for Medi-Cal beneficiaries while decreasing other system health care costs

• Pilot period between July 1, 2018 through June 30, 2020

• Makes many types of treatment for substance use services possible, operating as a continuum of care

• Transforms county substance abuse treatment system into a managed care plan for Medi-Cal beneficiaries, with increased program oversight and integrity
DMC-ODS System Highlights

Contracted providers located in all regions of Alameda County. Exclusive provider of Drug Medi-Cal substance use services, serving 7,500 – 8,000 total Alameda County Residents per year.

- Four adult access points: screening, referral, care navigation
- Continuum of Care consisting of:
  - Clinically Managed Residential Withdrawal & Sobering (1)
  - Residential Treatment (192 beds)
  - Recovery Residences Sober living (81 beds)
  - Outpatient & Intensive Outpatient Programs (14)
  - Recovery Support Services for aftercare (14)
  - Opioid Treatment Programs (Medication Assisted Treatment) (7)

- Specialty priority population focus in programming:
  o Perinatal/Parenting, Adolescent, TAY, Older Adults, Forensic/Criminal Justice
  o Culturally Specific Provider Specialties
Program oversight and integrity:  
A focus on quality of care

- Clinical Staffing
- Evidence Based Practice Training
- Cultural Competency
- Client Centered Care
- Contractual Oversight
- Grievance and Appeals
- American Society of Addiction Medicine
- Coordination of Care
- Standard Drug Testing Policy
- Electronic Health Record
- Evaluation

DMC-ODS: Ensuring Quality of Care
Coordination of Care

- Case management to coordinate with mental health primary care, and other client-serving systems: Release of Information allows clients to identify specific individuals who can receive their SUD information for the purposes of care coordination.

- Support with housing, job, education or transportation services, support with family reunification, arrange services for children, etc.

- Providers collaborate with other client serving providers in the DMC-ODS continuum of care via ROI and electronic health record system.
ASAM Assessment: Matches beneficiary with individualized treatment based on clinical need

- Common standard for assessing client need
- Multi-dimensional assessment
- Comprehensive guidelines for service placement
- Focus on continuum of care

Six dimensions of multi-dimensional assessment:

1. Acute intoxication/Withdrawal potential
2. Biomedical conditions and complications
3. Emotional, behavioral, or cognitive conditions
4. Readiness to Change
5. Relapse, continued use, or continued problem potential
6. Recovery/Living Environment
Questions?
ASAM Continuum of Treatment

- Sobering Center/Clinically Managed Detox
- Residential Treatment
- Recovery Residence
- Outpatient & Intensive Outpatient
- Recovery Support Services
- Opioid Treatment (Medication Assisted Treatment)

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http://www.acbhcs.org/
ASAM Continuum of Treatment

Sobering Center & Clinically Managed Detox (WM 3.2)
- Sobering Center receives people for less than 24 hours of safe sobering, more than half of whom then enter several days of detox in a nearby building

Residential Treatment (ASAM 3.1, 3.3 and 3.5)
- (3.1) 20 hours of weekly structured programming, with at least 5 hrs. clinical treatment
- (3.5) High Intensity full milieu or therapeutic community to stabilize clients with multidimensional imminent danger
- (3.3) Modified high intensity treatment for those with cognitive impairments

Recovery Residences (Sober Living Environments)
- Sober living group residences for clients who need temporary housing in combination with outpatient treatment as an alternative to or stepdown from residential treatment
ASAM Continuum of Treatment

### Intensive Outpatient Treatment (ASAM Level 2.1)
- 9-19 hours/week of group and individual sessions with case management, varying according to the changing needs of each client, and reducing to Outpatient Treatment when 9 hours or more is no longer needed.

### Outpatient Treatment (ASAM Level 1.0)
- Less than 9 hours/week of group and individual sessions with case management, varying according to the changing needs of each client, and increasing to Intensive Outpatient Treatment if/when a client needs 9 or more hours/week of programming.

### Opioid Treatment Services (OTS)
- Medication Assisted Treatment, including methadone, buprenorphine, naloxone, and disulfram and individual counseling across 7 sites throughout the county.

### Recovery Support Services
- Aftercare services. Recovery monitoring & coaching, outpatient counseling services, relapse prevention, linkage to support groups, family support linkage to needed services.

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# Services for Adult beneficiaries (age 18+)

<table>
<thead>
<tr>
<th>Services</th>
<th>Total Beds</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Sobering Center &amp; Clinical Managed Detox (1)</strong></td>
<td></td>
</tr>
<tr>
<td>Horizon Cherry Hill</td>
<td></td>
</tr>
<tr>
<td><strong>Adult Residential Treatment (8)</strong></td>
<td>147</td>
</tr>
<tr>
<td>La Familia Residential (Men)</td>
<td></td>
</tr>
<tr>
<td>CURA Residential (Men &amp; Women)</td>
<td></td>
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<tr>
<td>New Bridge Residential (Men &amp; Women)</td>
<td></td>
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<tr>
<td>Cronin Residential (Co-Occurring Men)</td>
<td></td>
</tr>
<tr>
<td>Chrysalis Residential (Co-Occurring Women)</td>
<td></td>
</tr>
<tr>
<td>Bi-Bett Orchid Adult (Women)</td>
<td></td>
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<tr>
<td>Healthright 360 San Francisco (Men &amp; Women)</td>
<td></td>
</tr>
<tr>
<td>Bi-Bett Contra Costa (Men &amp; Women)</td>
<td></td>
</tr>
<tr>
<td><strong>Length of stay allowance: 2 episodes in 365 day period; 3-4 months per episode</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Adult Recovery Residence (3)</strong></td>
<td>81</td>
</tr>
<tr>
<td>Options Adult Recovery Res</td>
<td></td>
</tr>
<tr>
<td>CURA Recovery Res</td>
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<tr>
<td>Second Chance Recovery Res</td>
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<tr>
<td><strong>Length of stay allowance: 6 months total in 365 day period</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Coming Soon! - Provider specializing in Asian/Pacific Islander services</strong></td>
<td>(Union City)</td>
</tr>
<tr>
<td>Alameda Health Systems: Highland Hospital (Oakland)</td>
<td></td>
</tr>
<tr>
<td>Bi-Bett East Oakland Recovery Center (East Oakland)</td>
<td></td>
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<tr>
<td>Horizon Project Eden (Pleasanton)</td>
<td></td>
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<tr>
<td>La Familia: Latino Family Services (Fruitvale/Oakland)</td>
<td></td>
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<tr>
<td>Options Recovery (Berkeley, West Oakland, San Leandro)</td>
<td></td>
</tr>
<tr>
<td>Second Chance (Hayward &amp; Newark)</td>
<td></td>
</tr>
<tr>
<td><strong>Opioid Treatment Provider (Medication Assisted Treatment) (7)</strong></td>
<td></td>
</tr>
<tr>
<td>Berkeley Addiction Treatment Center (Berkeley)</td>
<td></td>
</tr>
<tr>
<td>Bay Area Addiction Research and Treatment (Oakland)</td>
<td></td>
</tr>
<tr>
<td>Humanistic Alternatives to Addiction Treatment (Oakland, Hayward)</td>
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<tr>
<td>MedMark (Hayward)</td>
<td></td>
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<tr>
<td>Lifeline (Oakland)</td>
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<tr>
<td>West Oakland Health Council (Oakland)</td>
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</tbody>
</table>

Services for Perinatal Adult clients (pregnant women &/or women with young children)

<table>
<thead>
<tr>
<th>Perinatal Adult Residential Treatment (3)</th>
<th>Total Beds: 38</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bi-Bett Orchid Perinatal &amp; Women’s Res</td>
<td></td>
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<tr>
<td>Project Pride</td>
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<tr>
<td>Magnolia (Hayward &amp; Oakland)</td>
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<tr>
<td>Length of stay: Duration of pregnancy or</td>
<td></td>
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<tr>
<td>60 days postpartum; thereafter 2 episodes</td>
<td></td>
</tr>
<tr>
<td>Length of stay: 6 months per episode</td>
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</tbody>
</table>

Also included in perinatal & parenting:
- Young children can live with Mom in Residential & Recovery Res
- Transportation for primary medical, prenatal or pediatric care and
  therapeutic interventions for children
- Childcare on site
- Parenting skills & child development education, skill-building training,
  modeling and problem solving

<table>
<thead>
<tr>
<th>Perinatal Adult Recovery Residence (1)</th>
<th>Total Beds: 12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Options Perinatal Recovery Residence</td>
<td></td>
</tr>
<tr>
<td>Length of stay allowance: 6 months</td>
<td></td>
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<tr>
<td>total in 365 day period</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Perinatal Outpatient, Intensive Outpatient and Recovery Support Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>La Familia: Mujeres Con Esperanza (Oakland)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Perinatal Opioid Treatment Providers (Medication Assisted Treatment)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Berkeley Addiction Treatment Center (Berkeley)</td>
</tr>
<tr>
<td>Humanistic Alternatives to Addiction Treatment (Oakland, Hayward)</td>
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<tr>
<td>MedMark (Hayward)</td>
</tr>
<tr>
<td>West Oakland Health Council (Oakland)</td>
</tr>
</tbody>
</table>
## Services for Adolescent beneficiaries (under 18)

### Adolescent Outpatient, Intensive Outpatient & Recovery Support Services (3 clinics; 20 additional sites)

- City of Fremont: Youth and Family Services (Fremont)
- Horizon Project Eden Adolescent Services (Hayward)
- La Familia Projecto Primavera (Oakland)
- 19 High School Sites
- Juvenile Justice Center & Camp Sweeney–Juvenile Hall

### Adolescent Residential Treatment

- Advent Youth Services (Morgan Hill)
SUD Treatment During COVID-19

- Telehealth/telephone services provided at all levels of care
- Referring clients to Isolation Hotels and supporting coordination to receive clients back into treatment when ready
- Medication Assisted Treatment offered at Isolation Hotels
- Residential programs are practicing social distancing and offering isolation rooms when possible
- ACBH supporting programs in offering Personal Protective Equipment through EMS
- Referral to SUD programs is the same
Who is eligible to receive SUD services?

All Medi-Cal Beneficiaries

In addition, SUD System has funding set aside to serve the following clients:

• Undocumented clients who are ineligible for Medi-Cal
• Eligible for Medi-Cal, not enrolled at time of treatment
• Out-of-county Medi-Cal in process of switching to Alameda County
How to Refer into DMC-ODS?

**Adolescent**

All Adolescent SUD services

- Self or direct referrals to all Adolescent SUD Services can be made by Self/Parent or Caregiver, Healthcare provider, CWS, Juvenile Probation, or Schools

**Adult**

Residential or Recovery Residence

- Referrals MUST go through one of 4 DMC-ODS access points

Outpatient/Intensive Outpatient/Recovery Support or Opioid Treatment

- Self or direct referrals, or by one of 4 DMC-ODS access points
## Four main access points into DMC-ODS for Adults

<table>
<thead>
<tr>
<th>Substance Use Access &amp; Referral Helpline</th>
<th>Criminal Justice Case Management</th>
<th>Drug Court Case Managers</th>
<th>Cherry Hill</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Publicly accessible portal</td>
<td>• Screens and refers clients that are identified by probation department and Santa Rita jail inmate services as needing SUD services</td>
<td>• Screens and refers clients who are involved with the collaborative court system</td>
<td>• Screens and refers anyone who enters Cherry Hill Sobering Station &amp; Detox Center</td>
</tr>
</tbody>
</table>
Four main access points into DMC-ODS for Adults Screening & Referral Functions

- Conduct multi-dimensional ASAM screening for severity of the SUD
- Refer to appropriate level of care (all levels) based on ASAM screening
- Are the exclusive referral source for residential and recovery residence
- Can identify open beds (Residential & Recovery Residence) in real time
- Aim to connect beneficiaries to Residential within 3 days of screening
- Helpline manages centralized residential waitlist when beds are full on behalf of entire SUD system
Four main access points into DMC-ODS for Adults

Care Navigation Functions

- Beneficiaries referred to Residential or Recovery Residence services are assigned a *care navigator* who will follow them through course of treatment and while they are transitioning between levels of care
- Goal of care navigation is to help engage beneficiary in SUD treatment services, and ensure they connect to care within the DMC-ODS system
Walk-In vs. Referral Process for Adults DMC-ODS services

Sobering Center +
WM 3.2: Clinically managed residential withdrawal management (aka: Cherry Hill Detox)

ASAM 1.0: Outpatient
ASAM 2.1: Intensive outpatient
Opioid Treatment Programs (OTP) with Medication Assisted Treatment (MAT)

Recovery Residence
(aka: Sober Living Environments)
requiring parallel outpatient treatment or recovery support services

ASAM 3.1: Low intensity residential treatment
ASAM 3.5: High intensity residential treatment

Walk In or direct referral available

All 4 access point can refer to all Levels of Care

Alameda County Behavioral Health Care Services
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http://www.acbhcs.org/
Substance Use Access and Referral Helpline

1-844-682-7215

With client’s permission, health care provider or anyone may be on call with beneficiary to support the screening process

Hours: Monday – Friday, 8am-9pm

Screenings for Adult 18+ only
Resources

• Substance Use Access and Referral Helpline Brochure (in all threshold languages) & Brochure on Improvements to the Alameda County SUD System (in all threshold languages): http://www.acbhcs.org/substance-use-treatment/

• SUD Provider Directory: http://www.acbhcs.org/provider_directory/

• Alameda County Behavioral Health Grievance and Appeals: http://www.acbhcs.org/consumer-grievance/

• Client Release of Personal SUD Information: http://www.acbhcs.org/substance-use-treatment/
thank you.

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Theresa.Ly@acgov.org