



Alameda County Drug Medi-Cal Organized Delivery System (DMC-ODS)

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What is the Drug Medi-Cal Organized Delivery System (DMC-ODS) Waiver?

- A federal/state demonstration project to improve SUD outcomes for Medi-Cal beneficiaries while decreasing other system health care costs
- Pilot period between July 1, 2018 through June 30, 2020
- Makes many types of treatment for substance use services possible, operating as a continuum of care
- Transforms county substance abuse treatment system into a managed care plan for Medi-Cal beneficiaries, with increased program oversight and integrity



DMC-ODS System Highlights

Contracted providers located in all regions of Alameda County. Exclusive provider of Drug Medi-Cal substance use services, serving 7,500 – 8,000 total Alameda County Residents per year.

- Four adult access points: screening, referral, care navigation
- Continuum of Care consisting of:
 - Clinically Managed Residential Withdrawal & Sobering (1)
 - Residential Treatment (192 beds)
 - Recovery Residences Sober living (81 beds)
 - Outpatient & Intensive Outpatient Programs (14)
 - Recovery Support Services for aftercare (14)
 - Opioid Treatment Programs (Medication Assisted Treatment) (7)
- Specialty priority population focus in programming:
 - Perinatal/Parenting, Adolescent, TAY, Older Adults, Forensic/Criminal Justice
 - Culturally Specific Provider Specialties



Program oversight and integrity: A focus on quality of care





Coordination of Care

- Case management to coordinate with mental health primary care, and other client-serving systems: Release of Information allows clients to identify specific individuals who can receive their SUD information for the purposes of care coordination
- Support with housing, job, education or transportation services, support with family reunification, arrange services for children, etc.
- Providers collaborate with other client serving providers in the DMC-ODS continuum of care via ROI and electronic health record system.



ASAM Assessment: Matches beneficiary with individualized treatment based on clinical need



Six dimensions of multi-dimensional assessment:

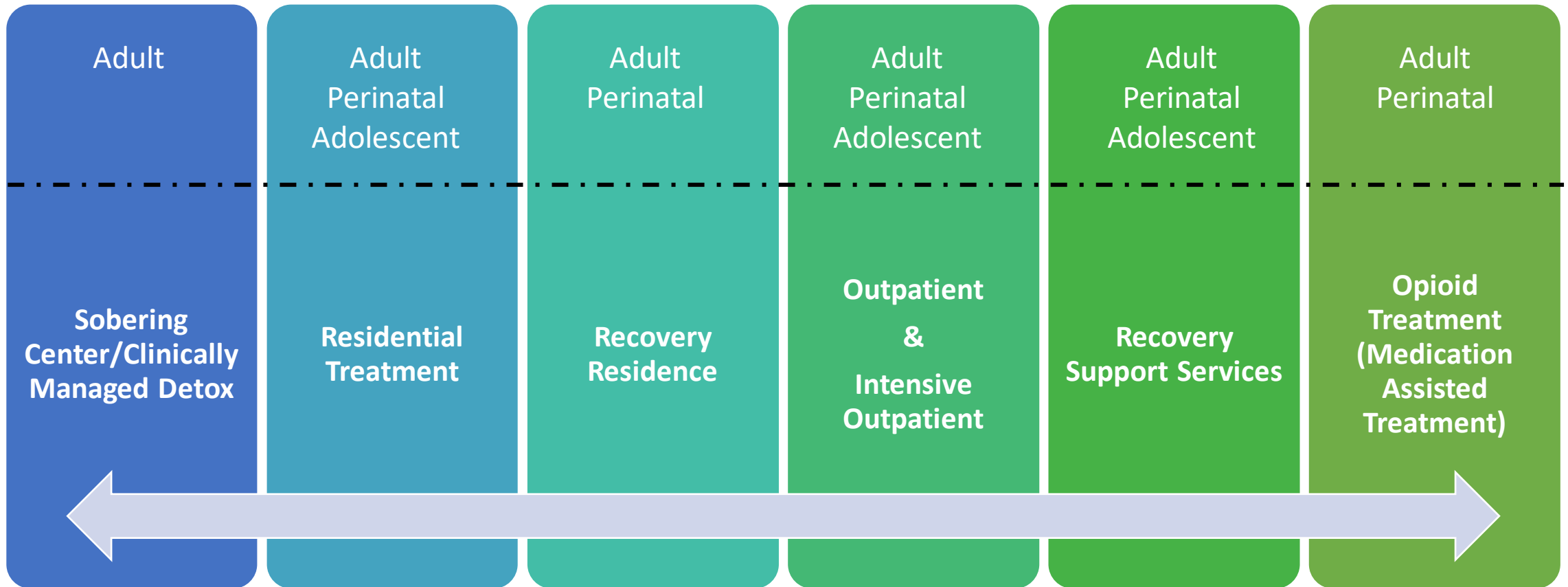
1. Acute intoxication/Withdrawal potential
2. Biomedical conditions and complications
3. Emotional, behavioral, or cognitive conditions
4. Readiness to Change
5. Relapse, continued use, or continued problem potential
6. Recovery/Living Environment



Questions?



ASAM Continuum of Treatment



ASAM Continuum of Treatment

Sobering Center & Clinically Managed Detox (WM 3.2)

- Sobering Center receives people for less than 24 hours of safe sobering, more than half of whom then enter several days of detox in a nearby building

Residential Treatment (ASAM 3.1, 3.3 and 3.5)

- (3.1) 20 hours of weekly structured programming, with at least 5 hrs. clinical treatment
- (3.5) High Intensity full milieu or therapeutic community to stabilize clients with multidimensional imminent danger
- (3.3) Modified high intensity treatment for those with cognitive impairments

Recovery Residences (Sober Living Environments)

- Sober living group residences for clients who need temporary housing in combination with outpatient treatment as an alternative to or stepdown from residential treatment



ASAM Continuum of Treatment

Intensive Outpatient Treatment (ASAM Level 2.1)

- 9-19 hours/week of group and individual sessions with case management, varying according to the changing needs of each client, and reducing to Outpatient Treatment when 9 hours or more is no longer needed

Outpatient Treatment (ASAM Level 1.0)

- Less than 9 hours/week of group and individual sessions with case management, varying according to the changing needs of each client, and increasing to Intensive Outpatient Treatment if/when a client needs 9 or more hours/week of programming

Opioid Treatment Services (OTS)

- Medication Assisted Treatment, including methadone, buprenorphine, naloxone, and disulfiram and individual counseling across 7 sites throughout the county

Recovery Support Services

- Aftercare services. Recovery monitoring & coaching, outpatient counseling services, relapse prevention, linkage to support groups, family support linkage to needed services



Services for Adult beneficiaries (age 18+)

Sobering Center & Clinical Managed Detox (1)

Horizon Cherry Hill

Adult Residential Treatment (8)

Total Beds: 147

La Familia Residential (Men)
CURA Residential (Men & Women)
New Bridge Residential (Men & Women)
Cronin Residential (Co-Occurring Men)
Chrysalis Residential (Co-Occurring Women)
Bi-Bett Orchid Adult (Women)
Healthright 360 San Francisco (Men & Women)
Bi-Bett Contra Costa (Men & Women)

Length of stay allowance: 2 episodes in 365 day period; 3-4 months per episode

Adult Recovery Residence (3)

Total Beds: 81

Options Adult Recovery Res
CURA Recovery Res
Second Chance Recovery Res

Length of stay allowance: 6 months total in 365 day period

Adult Outpatient, Intensive Outpatient & Recovery Support Svs. (10)

Coming Soon! - Provider specializing in Asian/Pacific Islander services (Union City)

Alameda Health Systems: Highland Hospital (Oakland)
Bi-Bett East Oakland Recovery Center (East Oakland)
Horizon Project Eden (Pleasanton)
La Familia: Latino Family Services (Fruitvale/Oakland)
Options Recovery (Berkeley, West Oakland, San Leandro)
Second Chance (Hayward & Newark)

Opioid Treatment Provider (Medication Assisted Treatment) (7)

Berkeley Addiction Treatment Center (Berkeley)
Bay Area Addiction Research and Treatment (Oakland)
Humanistic Alternatives to Addiction Treatment (Oakland, Hayward)
MedMark (Hayward)
Lifeline (Oakland)
West Oakland Health Council (Oakland)

http://www.acbhcs.org/wp-content/uploads/2020/01/SUD-Provider-Directory-Updates_January-2020.pdf#zoom=50



Services for Perinatal Adult clients (pregnant women &/or women with young children)

Perinatal Adult Residential Treatment (3) Total Beds: 38

Bi-Bett Orchid Perinatal & Women’s Res Project Pride Magnolia (Hayward & Oakland)	Length of stay: Duration of pregnancy or 60 days postpartum; thereafter 2 episodes within a 365 day period, 5-6 months per episode
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- Also included in perinatal & parenting:
- Young children can live with Mom in Residential & Recovery Res
 - Transportation for primary medical, prenatal or pediatric care and therapeutic interventions for children
 - Childcare on site
 - Parenting skills & child development education, skill-building training, modeling and problem solving

Perinatal Adult Recovery Residence (1) Total Beds: 12

Options Perinatal Recovery Residence	Length of stay allowance: 6 months total in 365 day period
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Perinatal Outpatient, Intensive Outpatient and Recovery Support Services

La Familia: Mujeres Con Esperanza (Oakland)

Perinatal Opioid Treatment Providers (Medication Assisted Treatment)

- Berkeley Addiction Treatment Center (Berkeley)
- Humanistic Alternatives to Addiction Treatment (Oakland, Hayward)
- MedMark (Hayward)
- West Oakland Health Council (Oakland)



Services for Adolescent beneficiaries (under 18)

Adolescent Outpatient, Intensive Outpatient & Recovery Support Services (3 clinics; 20 additional sites)

City of Fremont: Youth and Family Services (Fremont)
Horizon Project Eden Adolescent Services (Hayward)
La Familia Projecto Primavera (Oakland)
19 High School Sites
Juvenile Justice Center & Camp Sweeney– Juvenile Hall

Adolescent Residential Treatment

Advent Youth Services (Morgan Hill)



SUD Treatment During COVID-19

- Telehealth/telephone services provided at all levels of care
- Referring clients to Isolation Hotels and supporting coordination to receive clients back into treatment when ready
- Medication Assisted Treatment offered at Isolation Hotels
- Residential programs are practicing social distancing and offering isolation rooms when possible
- ACBH supporting programs in offering Personal Protective Equipment through EMS
- Referral to SUD programs is the same



Questions?



Who is eligible to receive SUD services?

All Medi-Cal Beneficiaries

In addition, SUD System has funding set aside to serve the following clients:

- Undocumented clients who are ineligible for Medi-Cal
- Eligible for Medi-Cal, not enrolled at time of treatment
- Out-of-county Medi-Cal in process of switching to Alameda County



How to Refer into DMC-ODS?

Adolescent

All Adolescent SUD services

- Self or direct referrals to all Adolescent SUD Services can be made by Self/Parent or Caregiver, Healthcare provider, CWS, Juvenile Probation, or Schools

Adult

Residential or Recovery Residence

- Referrals MUST go through one of 4 DMC-ODS access points

Outpatient/Intensive Outpatient/Recovery Support or Opioid Treatment

- Self or direct referrals, or by one of 4 DMC-ODS access points



Four main access points into DMC-ODS for Adults

Substance Use Access & Referral Helpline

- Publicly accessible portal
- 20 minute phone screening
- Assigns care navigator to support transition through SUD treatment system

Criminal Justice Case Management

- Screens and refers clients that are identified by probation department and Santa Rita jail inmate services as needing SUD services

Drug Court Case Managers

- Screens and refers clients who are involved with the collaborative court system

Cherry Hill

- Screens and refers anyone who enters Cherry Hill Sobering Station & Detox Center



Four main access points into DMC-ODS for Adults Screening & Referral Functions

Substance Use Access
& Referral Helpline

Criminal Justice Case
Management

Drug Court Case
Managers

Cherry Hill

- Conduct multi-dimensional ASAM screening for severity of the SUD
- Refer to appropriate level of care (all levels) based on ASAM screening
- Are the exclusive referral source for residential and recovery residence
- Can identify open beds (Residential & Recovery Residence) in real time
- Aim to connect beneficiaries to Residential within 3 days of screening
- Helpline manages centralized residential waitlist when beds are full on behalf of entire SUD system



Four main access points into DMC-ODS for Adults Care Navigation Functions

Substance Use Access
& Referral Helpline

Criminal Justice Case
Management

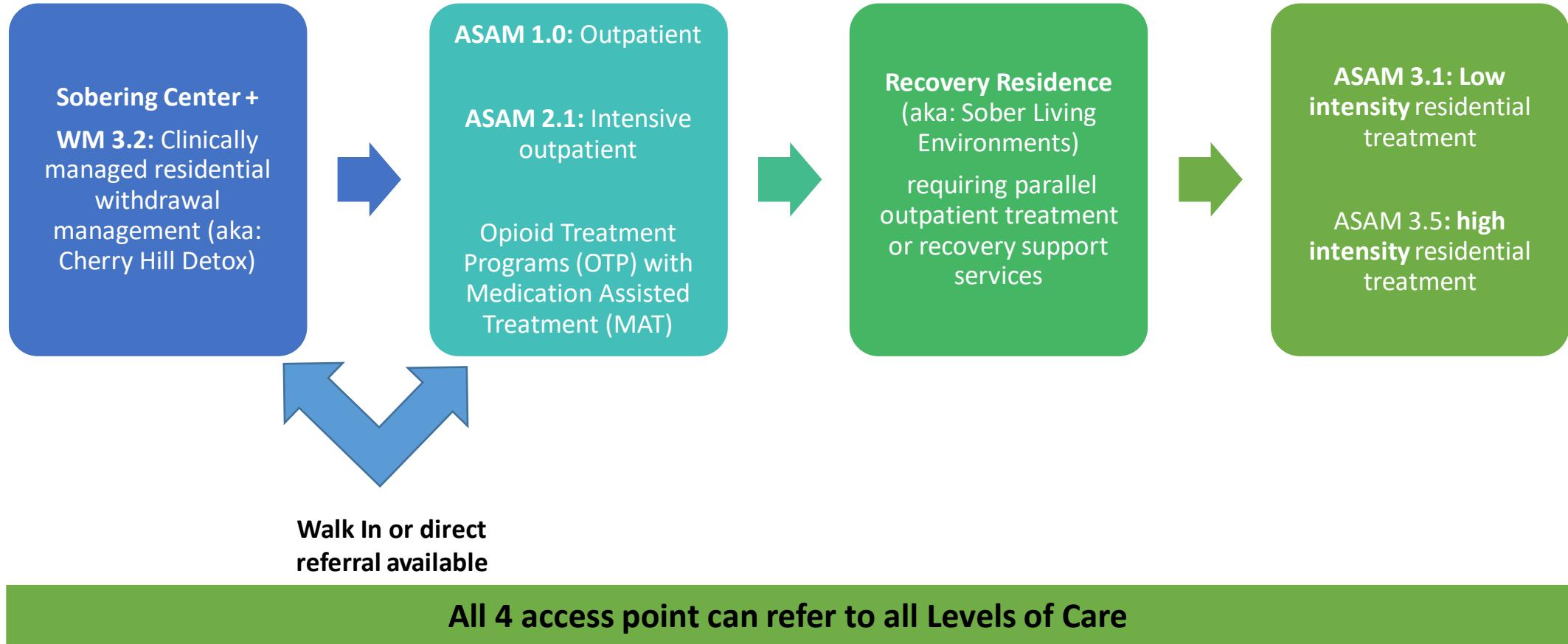
Drug Court Case
Managers

Cherry Hill

- Beneficiaries referred to Residential or Recovery Residence services are assigned a *care navigator* who will follow them through course of treatment and while they are transitioning between levels of care
- Goal of care navigation is to help engage beneficiary in SUD treatment services, and ensure they connect to care within the DMC-ODS system



Walk-In vs. Referral Process for Adults DMC-ODS services





Substance Use Access and Referral Helpline

Substance Use Access & Referral Helpline

- Publicly accessible portal
- 20 minute phone screening
- Assigns care navigator to support transition through SUD treatment system

1-844-682-7215

With client's permission, health care provider or anyone may be on call with beneficiary to support the screening process

Hours: Monday – Friday, 8am-9pm

Screenings for Adult 18+ only



Resources

- Substance Use Access and Referral Helpline Brochure (in all threshold languages) & Brochure on Improvements to the Alameda County SUD System (in all threshold languages): <http://www.acbhcs.org/substance-use-treatment/>
- SUD Provider Directory: http://www.acbhcs.org/provider_directory/
- Alameda County Behavioral Health Grievance and Appeals: <http://www.acbhcs.org/consumer-grievance/>
- Client Release of Personal SUD Information: <http://www.acbhcs.org/substance-use-treatment/>

thank you.

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SERVICES FOR MENTAL HEALTH & SUBSTANCE USE DISORDERS