

# MODERNA & PFIZER

## COVID-19 VACCINE



COMMUNITY HEALTH  
CENTER NETWORK

### WHY:



The COVID-19 vaccine, like all vaccines, teaches your body to fight against a germ that causes disease. Other common vaccines protect you from flu, pneumonia, and tetanus. We can successfully slow the spread of COVID-19 when as many people as possible are vaccinated. While no vaccine is 100% effective, all of the COVID-19 vaccines provide strong protection against severe disease, hospitalization, and death.

### WHAT:



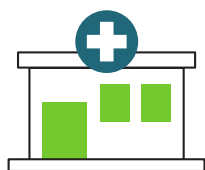
Depending on which vaccine you receive, and your age, most people will either need one or two shots. For people who have already received two doses of the Pfizer vaccine: If you have certain immunocompromised conditions you may need a third dose; if you are 65 or older or 50 or older with certain health conditions you may also be eligible for a 3rd booster dose.

### WHO:



People 12 and older are eligible to get vaccinated. All who are eligible should get vaccinated. People who have had allergic reactions to vaccines or other injections in the past should ask their healthcare provider. You cannot get the vaccine if you currently have COVID-19.

### HOW:



Contact your health clinic to schedule a vaccine appointment. After you get your COVID-19 shot, your health clinic will watch you for 15 -30 minutes to make sure you do not have an allergic reaction. Then, your health clinic will tell you when to come back for your second shot. Immunity – when your body can fight COVID-19 – will be at least 2 weeks after your final shot.

### SIDE EFFECTS:



Like with other shots, you may feel sore, tired, achy, and possibly feverish the day of and after the COVID-19 shot. These symptoms mean your body is building protection against COVID-19. Most symptoms will go away in 2 days. You may feel more symptoms after the second shot. You need two shots for full protection and a third shot if you have certain medical conditions. Remember, after you get the vaccine, you STILL have to wear masks when required, keep physical distance and wash your hands.

### SAFETY:



Approved vaccines prevent new COVID-19 infections and are safe. In clinical trials, people who got the vaccine were less likely to get sick from COVID-19 or be hospitalized than people who didn't get the vaccine. Millions of people have received the vaccine with very few safety concerns; experts agree that the benefits outweigh the risks.

**\*If you have any questions or concerns, please reach out to your clinic provider.**