

# COVID-19 VACCINE FOR ADOLESCENTS



COMMUNITY HEALTH  
CENTER NETWORK

In clinical trials, the Pfizer COVID-19 vaccine was 100% effective in preventing symptomatic COVID-19 in adolescents aged 12-15.\* In order for your child to have maximum protection before starting school, they should receive their first dose at least 5 weeks prior to the first day.



## **WHO?**

Anyone who is 12 and older should get the vaccine.

## **WHY?**

The COVID-19 vaccine will protect adolescents from getting COVID-19 and it will also help keep them from getting seriously ill even if they get COVID-19.

## **IS IT SAFE?**

The COVID-19 vaccine is safe and effective in preventing new COVID-19 infections. No children who got the vaccine had any problems with it.

## **WHAT ARE THE SIDE EFFECTS?**

Like with other shots, your child may feel sore, tired, achy, and possibly feverish the day of and after the COVID-19 shot. These symptoms mean their body is building protection against COVID-19. Most symptoms will go away in 2 days. They may feel more symptoms after the second shot. They will need two shots for full protection.

## **BEFORE, DURING & AFTER YOUR CHILD'S VACCINATION\***

- Your child will need 2 shots given 3 weeks (21 days) apart.
- Tell your provider about any allergies your child may have.
- Comfort your child during the appointment if needed.
- After your child's vaccine, your clinic will watch your child for 15 -30 minutes to make sure they don't have an allergic reaction.

**[\\*CDC.gov/coronavirus](https://www.cdc.gov/coronavirus)**

Reports of inflammation of the heart – called myocarditis and pericarditis – have occurred after the Pfizer & Moderna COVID-19 vaccines. These reports are rare and the benefits of getting the vaccination far outweigh the side effects.

In California, permission from a parent or guardian is required before giving the COVID-19 vaccine to people under 18. Most clinics require the guardian to accompany their child to their vaccine appointment or to provide written or verbal consent in advance.

If you have any questions or concerns, please reach out to your clinic provider.