The Johnson & Johnson vaccine is equally good as both Moderna and Pfizer vaccines at preventing serious disease, hospitalization and death.

**WHAT IS IT?**
Like other COVID-19 vaccines, the Johnson & Johnson COVID-19 vaccine will be a shot in your arm or another big muscle. If you receive the Johnson & Johnson vaccine, you will only need one shot.

**WHY ONE SHOT?**
Johnson & Johnson designed its vaccine to be provided in one dose because it’s easier to provide just one shot to each person during a pandemic.

**IS IT EFFECTIVE?**
Yes. After 28 days the Johnson & Johnson vaccine is 72% effective at fighting moderate infections, 85% effective at protecting against severe COVID-19 disease, and 100% effective at preventing death and hospitalization from COVID-19.

**IS IT SAFE?**
Like the other vaccines, the side effects are mostly mild and go away after one to two days. You may have some pain at the injection site, headache, and muscle pain. Severe reactions were rare.

**WILL I GET A BLOOD CLOT?**
You may have heard that the Johnson & Johnson vaccine was on pause due to blood clot risk. That risk is 2 in a million. It is less than the rate of severe blood clots in people who are not vaccinated. For women 18–50 years of age, the risk of a blood clot after the vaccine is 1 in 80,000. But the risk of getting COVID-19 in the US is 1 in 11, and the risk of dying from COVID-19 if you have it is 1 in 65. The CDC has cleared the J&J vaccine for use. You should seek medical attention right away if you have any of the following symptoms several days after receiving the vaccine:

- Shortness of breath
- Chest pain
- Leg swelling & abdominal pain
- Severe headaches or blurred vision
- Easy bruising or tiny blood spots under the skin beyond the site of the injection

**WHY ARE THE NUMBERS LOWER THAN OTHER VACCINES?**
The effectiveness of the current vaccines cannot be directly compared. The three vaccines were tested at different times and in different parts of the world where there are distinct COVID-19 variants. Each study also measured COVID-19 infections at a different point in time after vaccination. What is important to remember is that ALL three vaccines provide strong protection against severe disease, hospitalization, and death.

**WHICH ONE SHOULD I GET?**
It is important that you get vaccinated as soon as you’re eligible. The best vaccine for you is the one that you are offered first.

*If you have any questions or concerns, please reach out to your clinic provider.*