

MODERNA & PFIZER

COVID-19 VACCINE



COMMUNITY HEALTH
CENTER NETWORK



WHY:

The COVID-19 vaccine, like all vaccines, teaches your body to fight against a germ that causes disease. Other common vaccines protect you from flu, pneumonia, and tetanus. We can successfully slow the spread of COVID-19 when 70% to 80% of people are vaccinated.



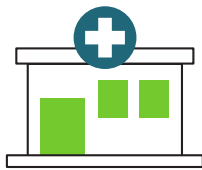
WHAT:

Depending on which vaccine you receive, you will need either one or two shots. For the two doses – the first shot starts building your body's immunity to COVID-19 and the second shot is a "booster" to increase protection against COVID-19. The second shot must be given weeks after the first shot.



WHO:

People 12 and older are eligible to get vaccinated. All who are eligible should get vaccinated. People who have had allergic reactions to vaccines or other injections in the past should ask their healthcare provider. You cannot get the vaccine if you currently have COVID-19.



HOW:

Contact your health clinic to schedule a vaccine appointment. After you get your COVID-19 shot, your health clinic will watch you for 15 -30 minutes to make sure you do not have an allergic reaction. Then, your health clinic will tell you when to come back for your second shot. Immunity – when your body can fight COVID-19 – will be at least 2 weeks after the second shot.



SIDE EFFECTS:

Like with other shots, you may feel sore, tired, achy, and possibly feverish the day of and after the COVID-19 shot. These symptoms mean your body is building protection against COVID-19. Most symptoms will go away in 2 days. You may feel more symptoms after the second shot. You need two shots for full protection. Remember, after you get the vaccine, you STILL have to wear masks when required, keep physical distance and wash your hands.



SAFETY:

Approved vaccines prevent new COVID-19 infections and are safe. In clinical trials, people who got the vaccine were less likely to get sick from COVID-19 or be hospitalized than people who didn't get the vaccine. Millions of people have received the vaccine with very few safety concerns; experts agree that the benefits outweigh the risks.

***If you have any questions or concerns, please reach out to your clinic provider.**