

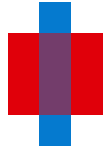


RubiconMD

User Guide

Welcome to RubiconMD!

We are excited to have you onboard.
In this guide you will learn how to set up your account, send an eConsult, access help when you need it, and more.



About RubiconMD

RubiconMD is an online platform that allows primary care providers to quickly and easily send eConsults to specialists.


Over 100 specialties and sub-specialties are currently available including Dermatology, Endocrinology, Psychiatry and OB/GYN.


With RubiconMD, you can consult a specialist for clinical questions including:











- medication management
- test and lab results
- pre-referral work-ups

Navigating the Platform

Log in to the platform at rubiconmd.com using your clinic email and RubiconMD password. From the main dashboard, you can access a New eConsult screen, view your eConsults, and find eConsults that have been shared by providers in your organization.



Welcome Dr. Brakus ▾ 0 ▾

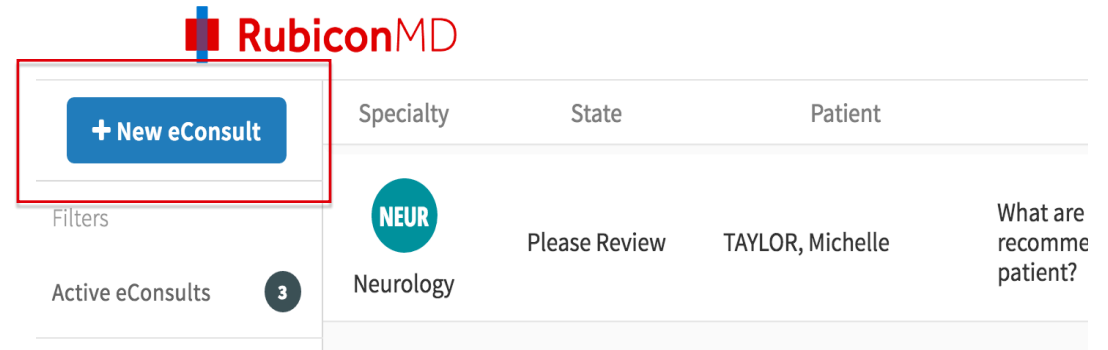
<div>+ New eConsult</div> <div>Filters</div> <div>Active eConsults 3</div> <div>Previous eConsults</div> <div>Drafts 1</div> <div>RubiconMD</div> <div>All Org eConsults 100</div> <div>Shared eConsults</div> <div>eConsults I've Shared</div> <div>Shared With Me</div>	Specialty	State	Patient	Question	Created	Updated	Ask DiffT Specialty	 Neurology	Please Review	TAYLOR, Michelle	What are your treatment recommendations for this patient?	09/19/2016	09/21/2016		 Dermatology	Opinion Requested	BRIGHT, Sam	Any other work-up or medications I should prescribe?	09/19/2016	09/21/2016		 ?	Draft	JACOBS, Edgardo Sadye		05/06/2016	09/08/2016	
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Submit a New eConsult

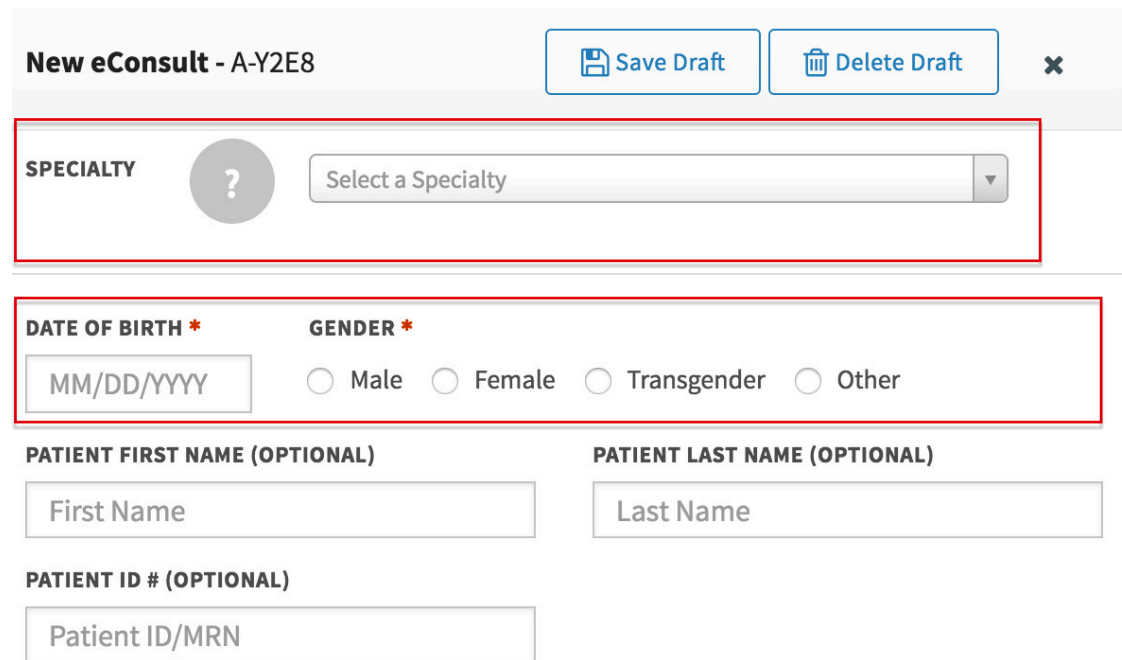
1 To submit a new eConsult, click the **New eConsult** button at the top left hand corner of the dashboard.

2 Choose a **SPECIALTY** from the dropdown menu. (required)

3 Enter patient information. (required)



The screenshot shows the RubiconMD dashboard. At the top left, a blue button labeled '+ New eConsult' is highlighted with a red box. To its right is a table with columns: Specialty, State, and Patient. The first row shows 'Neurology' under Specialty, 'Please Review' under State, and 'TAYLOR, Michelle' under Patient. A red circle with the number '3' is next to the 'Neurology' text. Below the table, there is a section for 'Active eConsults' with a red circle containing the number '3'.




The screenshot shows the 'New eConsult - A-Y2E8' form. At the top right, there are two buttons: 'Save Draft' and 'Delete Draft'. Below these is a red box containing the 'SPECIALTY' dropdown menu, which is currently set to 'Select a Specialty'. Below the red box is another red box containing the 'DATE OF BIRTH *' and 'GENDER *' fields. The 'DATE OF BIRTH *' field is a text input with a placeholder 'MM/DD/YYYY'. The 'GENDER *' field has four radio button options: 'Male', 'Female', 'Transgender', and 'Other'. Below the red box are three more text input fields: 'PATIENT FIRST NAME (OPTIONAL)' with a placeholder 'First Name', 'PATIENT LAST NAME (OPTIONAL)' with a placeholder 'Last Name', and 'PATIENT ID # (OPTIONAL)' with a placeholder 'Patient ID/MRN'.

- 4 Upload attachments, (optional)
- 5 Add relevant case information, (optional)
You can include current presentation, relevant prior history , medications and labs.
- 6 Provide your **Thoughts/Plans**. (required)
This is your differential diagnosis or plan of care.
- 7 Enter your **Question** for the specialist. (required)
- 8 Click **Submit eConsult**.

Attachments

Accepted formats: jpeg, jpg, gif, png, tiff, pdf, and mp4/mov videos



You can drag and drop files into this window to upload

Or Browse Your Computer

CURRENT PRESENTATION - (OPTIONAL - HPI, EXAM)

RELEVANT PRIOR HISTORY - (OPTIONAL - PMH, SH, FH)

MEDICATIONS - (OPTIONAL)

LABS - (OPTIONAL)

MY THOUGHTS / PLANS *

QUESTION *


Submit eConsult

Review a Specialist's Response

1 To review a specialist's response to your eConsult, click the given eConsult on the dashboard page.

2 Scroll down to **Discussion** to read the specialist's response.

3 **Rate the response** from 1 to 5 stars. Click **Explain your rating** to give feedback on the response. The rating will help us to ensure that you receive high-quality eConsults.



	Specialty	State	Patient	Question
+ New eConsult				
Filters				
Active eConsults 4	ORTH Orthopedic Surgery	Please Review	GREY, Sonia	Non-operative management of a radial styloid fracture reasonable?
Previous eConsults				
Drafts 0	OBGY Obstetrics / Gynecology	Please Review	HERNANDEZ, Sofia	Best OCP for dysmenorrhea combined with acne? not of PCOS

Discussion

If a patient like this walked into my office, these would be my general thoughts:

ORTH
Orthopedic Surgery
9:04 PM,
09/22/2016

I would place her in a thumb spica short arm cast for 3 weeks--then get her back to office for cast change and a new x-rays--if still looking good, then a new cast for another 3 weeks for total of 6 weeks of cast then transition her over to thumb spica removal splint to be weaned as pain tolerated.

Rate response



[Explain your rating](#)

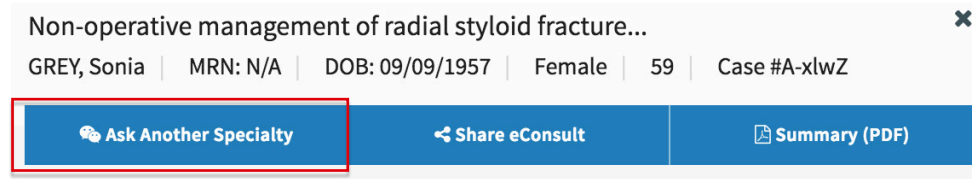
4 You can leave feedback or ask a followup question to the specialist within the text box. Check **Needs Response** if you need to hear back from the specialist. Then click **Submit Response**.

5 Choose the **Result** of the eConsult from the following options:
avoided referral
improved referral
peace of mind
no effect

The screenshot displays the RubiconMD eConsult interface. At the top, there is a large text box with the placeholder text "leave feedback or ask a followup question to the specialist". Below this text box, on the left, is a label "Needs Response?" followed by a toggle switch. On the right, there is a blue button labeled "Submit Response". Below these elements is a section titled "RESULT OF ECONSULT" which contains a dropdown menu with the text "-- Select a Result --".

Submit an eConsult to Multiple Specialties

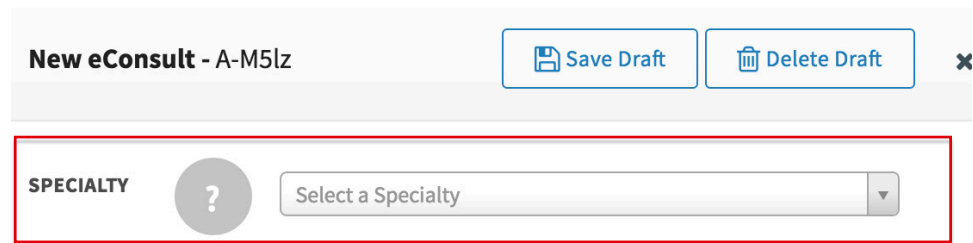
- 1 Go to the given case and click **Ask Another Specialty**.



Non-operative management of radial styloid fracture...
GREY, Sonia | MRN: N/A | DOB: 09/09/1957 | Female | 59 | Case #A-xlwZ

Ask Another Specialty | **Share eConsult** | **Summary (PDF)**

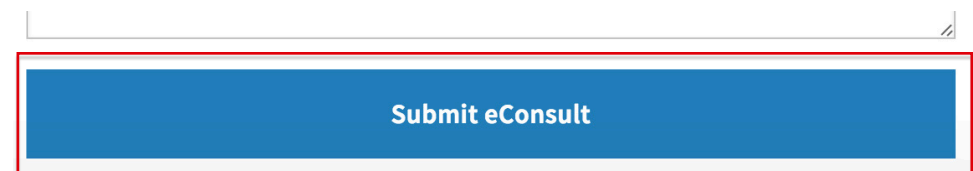
- 2 Choose another **Specialty** from the drop down menu.



New eConsult - A-M5lz | **Save Draft** | **Delete Draft**

SPECIALTY ? Select a Specialty

- 3 Scroll down to edit case information if necessary. Click **Submit eConsult**.



Submit eConsult

Share an eConsult With Providers in Your Organization

- 1 Go to the given case and click **Share eConsult**.
- 2 Uncheck the blue box to select specific providers within your organization. Leave the blue box checked to share with all providers in your organization.
- 3 You can edit the text box with a custom message. Then click **Share**,

Non-operative management of radial styloid fracture...

GREY, Sonia | MRN: N/A | DOB: 09/09/1957 | Female | 59 | Case #A-xlwZ

Ask Another Specialty

Share eConsult

Summary (PDF)

Question

Non-operative management of radial styloid fracture reasonable?

Share eConsult # A-xlwZ - Female 59

TO ☒ Share with my entire team

This is an interesting case I came across recently and wanted to share with you.

Share

Download a PDF eConsult Summary

- 1 Go to the given case and click **Summary (PDF)**.

Non-operative management of radial styloid fracture...

GREY, Sonia | MRN: N/A | DOB: 09/09/1957 | Female | 59 | Case #A-xlwZ

Ask Another Specialty

Share eConsult

Summary (PDF)

Question

Non-operative management of radial styloid fracture reasonable?

- 2 A PDF summary of the case will automatically download.

eConsult C-EN0A | Grey, Sonia | Gender: Female | DOB - 1957-09-09 | Age: 59

eCONSULT DETAILS

Current Presentation

Fall on to right hand/wrist last night. Pain to area. X-rays this morning showing distal radial styloid fracture with question of extension in to intra-articular surface (per radiology)

Relevant Prior History

Osteoarthritis, No previous fractures or known osteoporosis but not screening tests done.

Medications

Norco 325mg/1; 5mg/1; Meloxicam 15mg/1; Omeprazole 20mg/1; Lisinopril 20mg/1; Cetirizine Hydrochloride 10mg/1; PRILOSEC 20mg/1

Labs

RubiconMD App for iPhone

You can easily and securely upload photos with the RubiconMD Photo Upload App for iPhone.

1

RubiconMD

2

After downloading, login with your RubiconMD email and password.

3

Once images have been uploaded, access **rubiconmd.com** and find your case under the **Drafts** tab. Complete the details of the case and click **Submit**.



FAQs

How long will it take to receive a response?

We guarantee that you will receive responses from specialists within 12 business hours [7am to 7pm local time]. However, average response times are less than 6 hours.

Can I submit a case to multiple specialties?

You can submit your eConsult request to multiple specialties with the click of a button. For instance, you can send a patient's case to both Dermatology and Infectious Diseases. The turnaround time for each specialty will still be under 12 business hours.

Is this a diagnosis, advice, curbside consult, etc.?

RubiconMD is an information service and does not provide diagnosis, prescription or treatment of any kind. The primary care provider is free to use the information or proceed otherwise.

Who are the RubiconMD specialists?

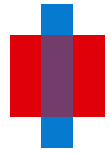
Our specialists are experienced physicians who are dedicated to sharing their clinical knowledge and improving access to specialty expertise. Most specialists are affiliated with major academic medical centers across the country and hold a teaching position.

Are eConsults considered medical care?

eConsults are an information service and therefore not considered medical care. It is up to the provider whether he or she chooses to follow the specialist's opinion.

How will I be trained to use the RubiconMD platform?

You will receive a 30 minute 1:1 training session with a member of our operations team. We will give you an overview of eConsults, walk through a use case and demo, and show you how to submit your first case. The sessions are conducted via telephone and web conference.



Contact Us

Please reach out with any questions or feedback.

EMAIL - **support@rubiconmd.com**

PHONE - **1 (917) 201-7578**