Seeking Safety Training:
An evidence-based model for trauma & substance abuse

Friday, May 16, 2014
9:00am – 4:30pm

Alameda Health Consortium/Community Health Center Network
101 Callan Ave, 1st Floor, Plaza A&B, San Leandro, CA 94577

Trainer: Joni L. Utley, Psy.D.

Seeking Safety is an evidence-based treatment for acute and complex trauma, PTSD, & substance abuse. This training offers a present focused therapy approach and will cover (a) background on trauma, PTSD and substance abuse (rates, presentation, models and stages of treatment, clinical challenges); (b) implementation of Seeking Safety (overview, evidence base); and (c) assessment tools and community resources. The approach is designed for flexible use, and can be conducted in group and individual format in a variety of inpatient, outpatient, and specialty settings. By the end of the training, participants can implement Seeking Safety with the key principles of safety, integrated treatment, a focus on ideals, case management in cognitive, behavioral, & interpersonal content, & attention to clinical processes.

Learning Objectives:
1. To review research and clinical issues in treating trauma and substance abuse;
2. To increase empathy and understanding of trauma and substance abuse;
3. To describe Seeking Safety, and evidence-based model for trauma and/or substance abuse;
4. To provide assessment and treatment resources.

RSVP to Saleena Gupte: sgupte@alamedahealthconsortium.org

Community Health Center Network (CHCN) is accredited by the Institute for Medical Qualify/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. CHCN takes responsibility for the content, quality and scientific integrity of this CME activity.

CHCN designates this live educational activity for a maximum of 6 AMA PRA Category 1 credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

This course meets the qualifications for 6 hours of Continuing Education credit for LCSWs, LPCCs, LEPs, and MFTs as required by the California Board of Behavioral Sciences, Provider Approval Number PCE 5596.